

## CURRICULUM VITAE

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### 1. Personal Data

Date of Birth: 30/12/1984

Nationality: Jordanian

### 2. Education

- Ph.D. (Nursing Studies/ Mental health Nursing) 2023, the University of Hull, United Kingdom
- M.Sc. (Nursing Studies/ Mental health nursing) 2011, the Hashemite University, Azarqa'a, Jordan
- B.Sc. (Nursing Science), the Hashemite University, Azarqa'a, Jordan

### 3. Ph.D. Dissertation

- *A qualitative study using a constructivist grounded theory approach to investigate factors in Jordan that impact psychiatric medication-taking behaviour in schizophrenia, and Bipolar I disorder.* University of Hull, UK

### 4. Master thesis : (Comprehensive exam)

### 5. Employment

- Hospital Supervisor on B & C shift at Jordan University Hospital/ Amman- Jordan (2017-2019)
- In-Charge Registered Nurse at Jordan University Hospital/ Psychiatric Unit/ Amman- Jordan (2014-2017)
- Registered Nurse at Jordan University Hospital\ Surgical Critical Care Unit (SICU) third floor\ Amman- Jordan\ In-Charge Nurse

### 6. Research Interests



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Mental health, and metal illness, medication adherence among people with psychiatric disorders, cognitive behaviour therapy.

#### 7. Membership in Scientific Societies and Associations

- A member of the Jordan Nurses & Midwives Council since 2006.
- A member of Clinical Nurse Specialist at Joranian Nursing Council 2015.

#### 8. Honors and Awards

#### 9. Teaching Experience

- *Undergraduate Courses*

Preceptor at JU with adukt nursing students 2010-2012.

#### 10. Supervision of Graduate Research

#### 11. Grants

#### 12. Patents

NA

#### 13. Membership of Committees

- **National**

- *A member of the Jordan Nurses & Midwives Council since 2006.*
- Clinical Nurse Specialist License (Jordanian Nursing Council (JNC).
- Examinations committee at Jordan University Amman Jordan, 2015.
- Quality assurance committee at Jordan University Hospital, 2017-2018.
- Clinical training committee at Jordan University, 2015.
- Chart Review Committee at Jordan university hospital, 2017.
- Communication Committee at Jordan university hospital, 2017-2018.

#### 14. Professional and Scientific Meetings

- Certificate for attendance the “Application in Quality Assurance System in ZUJ” on 2/11/2023.
- Attendant as a speaker at first Jordanian conference for mental health which held in Amman 24-26/5/2023.
- Attendant the first Jordanian conference for mental health which heald in Amman-Jordan 24<sup>th</sup> - 26<sup>th</sup> May 2023 and attendant different workshops as the following:
- Mutimodal intervention fro young people with ADHD and coexisting conditions.
- Current practive of CBT in 2023, Professor Allen Miller.
- Stigma in mental illness within Arabic culture.
- Ris for dependence to prescription (Rx) and non-prescription medicens (NPMs): what practitioners need to know.
- Spiritual needs in the treatment of mental illness.
- Passport teaching certificate to teach in UK universities 2019, and 2023. University of Hull.
- Certified as digital researcher, university of Hull, UK, 2020.
- Attended several workshops at University of Ull, Uk (Refowrks, Endnote, NVivo, and



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searching literature review).

- Certified by British Heart Foundation for emergency life support BLS which held at University of Hull on 1-7-2019
- Holding SPSS Certificate after course held in Jordan University/ Amman- Jordan 22th of July 2017 to 19<sup>th</sup> of August 2017.
- Participation in the first Conference was held in Mutah University/ Al-Karak- Jordan titled:” Community and Mental Health In The Light Of Demographic Changes in Jordan”. ( 20<sup>th</sup> of April 2016).
- Clinical Nurse Specialist (CNS) provided by Jordanian Nursing Council 12/2015
- Participate as external examiner for 4<sup>th</sup> years nursing students at Jordan University 04/2015.
- Attendance the Seminar titled “Quality Clinical Training in Nursing Schools” was held At Philadelphia University/ Amman- Jordan (21th of May 2015).
- Participate in establishing psychiatric unit at Jordan University Hospital 11 Feb 2014
- Participation in the first nursing conference of Jordan University Hospital/ Amman- Jordan titled:”Recent Advances In Nursing Care”. (28<sup>th</sup> of Octoper 2014).
- Mental health Lectures in the national center for mental health, 2011
- Educational activities for persons with addiction, 2011.
- Organizing and participating in several open medical days in rural Jordanian areas.
- ACLS provider in the JUH 12/2009, Amman-Jordan
- Participated in the Communication Skills Course in the Jordan University Hospital 8/2009, Amman- Jordan.
- Participated in The Specialized Training Course (Critical care Nursing), for nine academic months include 64 theoretical and 240 clinical hours. 2/2007-9/2007 from JNC.
- Participated in the Training Course (Advanced Cardiac Life Support) for 25 Training hours from 18/8/2007-22/8/2007 from JNC, 8/2009 from JUH, 9/2011 from JUH.
- Participated in The Training Course (ECG: Analysis and interpretation for 10 training hours on 15/8/2007- 16/8/2007 from JNC.
- Participated in the Mechanical Ventilation Symposium, Amman- Jordan, 14/6/2007, Islamic Hospital.
- Participated in the Second Scientific Nursing Day (Toward Improving Nursing Practice), May 22, 2007, was held at Jordan University Hospital/ Amman Jordan.
- Attendance The First Jordanian Nursing Council International Conference/ Amman- Jordan



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titled "Nursing: Global Citizenship". Was held 25-27 of April 2006.

- Attended the First Jordanian Nursing Council International Conference/ Nursing: Global Citizenship/ Attended a workshop titled " Evidence-Based Practice", 25-27, April 2006, Amman- Jordan.

### **15. Participation in or organization of curricular and/or extra-curricular activities**

- 1- Participate as external examiner for 4<sup>th</sup> years nursing students at Jordan University 04/2015.
- 2- Presenter at Jordan University hospital for Staff Nurses about Psychosis and other psychiatric health problems, at Jordan University, 2015
- 3- Participate in establishing psychiatric unit at Jordan University Hospital 11 Feb 2014
- 4- ACLS provider in the JUH 12/2009, Amman-Jordan

### **16. Publications**

- Rayan, A., Obiedate, K.(2017). The Correlates of Quality of Life Among Jordanian Patients With Schizophrenia. Journal of American Psychiatric Nursing Association. 1-10

### **17. Publication (under review)**