

CURRICULUM VITAE

Full name: Hasan Mohammad Abualruz

Department/Faculty, Nursing/ Nursing

Al-Zaytoonah University of Jordan, Amman, Jordan

Phone: 00962795072069

E-mail: h.abualruz@zuj.edu.jo

Homepage:



1. Personal Data

Nationality: Jordanian

2. Education

- Ph.D. (Psychiatric and mental health nursing) 1/2020, University of Jordan, Amman, Jordan.
- M.Sc. (Psychiatric and mental health nursing) 8/2013, University of Jordan, Amman, Jordan.
- B.Sc. (General nursing) 6/2010, University of Jordan, Amman, Jordan.

3. Ph.D. Dissertation

The Impact of Implementing a Resiliency Training Program on the Levels of Resilience, Stress, and Anxiety among nurses in a Private Hospital in Jordan: an Interventional Study, University of Jordan, Amman, Jordan.

4. Employment

Academic Positions

- Assistant Professor, Nursing, Al-Zaytoonah University of Jordan 9/10/2022 until now.
- Assistant Professor, Nursing, Al-Ghad International Colleges for Applied Medical Sciences, Saudi Arabia, 10/2020-10/2022



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Administrative Positions

- Vice-Dean/ Head of the nursing department, Faculty of Nursing, Al-zaytoonah University of Jordan.
- Assistant Dean for Academic Affairs , Nursing , Al-Zaytoonah University of Jordan 9/10/2022 23/9/2023.

5. Research Interests:

Mental health among Nurses, patients, families, and the community

6. Membership in Scientific Societies and Associations

- American Heart Association

7. Honors and Awards

- Certificates of Excellence in reviewing manuscripts (Journal of pharmaceutical Research International) (Feb/2022).
- A Certificate of thanks from Al-Ghad International colleges for the distinguished participation in community services in Schools, faculties, prisons, and hospitals (may/2022).
- Letter of thank from the School of Nursing/ Applied Science University for the active participation in the preparation for "The Higher Education Accreditation Commission" accreditation.
- Many thanks and appreciation certificates from different agencies.

8. Fellowships and Scholarships

NA

9. Teaching Experience

Undergraduate Courses

- Psychiatric and mental health nursing/ Theory and Practical
- Research
- Nutrition
- Physical assessment
- Fundamental of nursing
- Foundation of nursing



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- Critical care/ Practical
- Psychology for EMS students

10. Supervision of Graduate Research

Member of thesis defense committee for the following thesis:

- The impact of military injuries on social participation, quality of life, and the appearance of symptoms of psychological distress among Jordanian soldiers. Al-Zaytoonah University of Jordan, School of Nursing.
- Psychological wellbeing, spiritual wellbeing, and health related quality of life among patients with coronary artery disease in Jordan. Al-Zaytoonah University of Jordan, School of Nursing.
- The Relationship between Psychological Empowerment and social Capital, and Health Related Quality of Life among Jordanian Hemodialysis Patients. Al-Zaytoonah University of Jordan, School of Nursing.
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11. Grants

NA

12. Patents

NA

13. Membership of Committees

- Participated in various committees of the Jordanian Nursing Council (JNC) and the Jordanian Nursing and Midwives Council (JNCC) - (2013-2020).
- Member of the Advisory committee/ School of nursing- Applied Science University (2019).



14. Professional and Scientific Meetings

- How to be prepared For ACEN workshop/ Association of Arab Universities 2-3/11/2022.
- Attended the "Innovation in Nursing Research, Education, and Practice" conference (Zarqa University, 2018).
- Participated in preparing "Nurses' Roles in Health Policy Forum" (University of Jordan, 2017).
- Attended "the 5th international Nursing Conference", (Amman-Jordan, 2015).
- Attended "Toward Innovation in Nursing Practice Conference" (Applied Science University, 2014).

15. Participation in or organization of curricular and/or extra-curricular activities

- Participated with United Nations High Commissioner for Refugees (UNHCR) in providing lectures for the local community about mental health in Amman- Jordan Oct/2022.
- Participated with the Jordanian Nursing Council (JNC) by providing intensive courses for master and bachelor graduates/ preparatory course for specialization exam (July & Nov/ 2021).
- Faculties' development course (Alghad international colleges for applied medical sciences- Saudi Arabia , Oct/2020).
- Prepared psychological and social counselling unit and policy for students and workers at Alghad international colleges for applied medical sciences (2021).
- Participated in oral exam committees for students expected to graduate at nursing school/ University of Jordan and Applied Science Private University (2016-2023).



16. Publications

- Othman, E. H., Khalaf, I. A., Alostta, M. R., **Abualruz**, H., & Zeilani, R. (2022). Death and dying through the lens of Jordanian Muslim patients and caregivers. *OMEGA - Journal of Death and Dying*, 003022282211335.
<https://doi.org/10.1177/00302228221133505>
- El Gazar, A., Zoromba, M., Zakaria, A., **Abualruz**, H., & Abousoliman, A. (2022). Effect of Humble Leadership on Proactive Behaviour: The Mediating Role of Psychological Empowerment. *Journal of Nursing Management*.
<https://doi.org/10.1111/jonm.13692>
- Abdelrahim, Z., Abu Tabar, N., **Abualruz**, H., Othman, E., Sawalha, ., Alqurneh, A., Alshraideh, J., & Alhusammi, M. (2021). The Experience of Nurses Caring for Patients with Infectious Diseases in Isolation Rooms: A Qualitative Approach. *Current Paediatric Research journal*, 26(1), 15-21.
- Othman, E. H., Omar, S. A., **Abualruz**, H., & Safadi, R. (2020). An Islamic cultural perspective of family presence during resuscitation. *Resuscitation*, 151, 75–76.
<https://doi:10.1016/j.resuscitation.2020.04>.
- **Abualruz**, H. M., & Hayajneh, F. (2019). The Contrary Impact of Resilience on the Complicated Nursing Work Environment: A Literature Review. *Open Journal of Nursing*, 09(11), 188–1201.
doi:10.4236/ojn.2019.911087
- Farha, R. A., Basheti, I., **Ruz**, H. A. A., Alsaleh, A., & Aburuz, S. (2015). Assessment of drug-related problems and their impact on blood pressure control in patients with hypertension. *European Journal of Hospital Pharmacy*, 23(3), 126–130.
doi:10.1136/ejhpharm-2015-000712
doi: [10.1136/ejhpharm-2015-000712](https://doi.org/10.1136/ejhpharm-2015-000712)



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- Towfik, A. F., Hafez, S. H., **Abualruz, H.**, Mohamed, H. A., Mohamed, N. A., & Mahgoub, S. A. E. F. (2023). Bridging the Gap between Theory and Practice: Applying Problem based Learning Strategy to Improve Nursing Students' Achievement. *Tanta Scientific Nursing Journal*, 30(3), 127-137.
- Abu Sabra, M. A., Al Kalaldehy, M., Khalil, M., **Abualruz, H.**, & Hamdan-Mansour, A. M. (2023). The efficacy of using psychotherapy treatments for obsessive-compulsive disorder on minimizing suicidal thoughts and behaviours: A scoping review. *Clinical Psychology & Psychotherapy*.
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- Alhamory, S., Khalaf, I., Alshraideh, J. A., Al-Ghabeesh, S., Abu Sumaqa, Y., Bani Hani, S., ... & **Abu Alruz, H.** (2023). Nurses' competencies in providing care to COVID-19 patient: survey of Jordanian nurses. *Working with Older People*.
- Abousoliman, A., **Abualruz, H.**, & Mohamed Abdelrahman, M. (2023). Nursing Students' Entrepreneurial Managerial Readiness; Their Psychological Traits and Intention for Entrepreneurship. *Egyptian Journal of Health Care*, 14(2), 1199-1210.
- **Abualruz, H.**, & Hayajneh, F. (2023). Effectiveness of a Theory-Based Resiliency Intervention for Nurses. *The Journal of Continuing Education in Nursing*, 1-8.
- Ahmed, M. M., Ismail, E. H., **Abualruz, H.**, & Abousoliman, A. D. (2023). Web-Enhanced Learning versus Traditional Education: Its Effect on Nursing Students' Satisfaction and Learning of Urinary Catheterization Skills. *Assiut Scientific Nursing Journal*, 11(39), 170-179.
- **Abualruz, H.**, El-Gazar, H., Al-Ghabeesh, S., Tabar, N. A., Alshariah, H., & Abousoliman, A. (2023). The Impact of Utilizing Inclusive Leadership on Nurses during Crises: A Multisite Comparative Study. *Journal of medicine and life* 6(9), 1350-1356.