

RECREATIONAL EDUCATION IN ISLAM

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Abstract

This study is a primary attempt to depict the concept of recreational education in Islam along with its forms and principles. The study relied on descriptive and analytical methods to present the concept of recreational education, its constraints, objectives, divisions, and applications from an Islamic perspective.

The study concludes to confirm that Islam preceded all human theories and philosophies in rooting the recreational education in theory and practice, and in attracting attention to the need to develop and deploy the concepts of recreational education and its applications by the institutions concerned.

Keywords: recreation, recreational education, Islam.